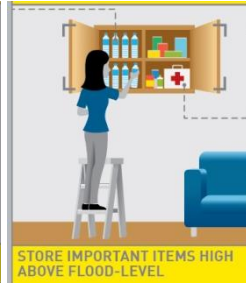


# FLOODS

## Before & During

- All your family members should know the safe route to nearest shelter/raised shelters.
- Tune to your local radio/TV for warnings and advice.
- Have an emergency kit ready with basic medicines and sanitary pads, baby food items, important documents etc.
- Keep dry food, drinking water and clothes ready.
- Drink preferably boiled water. Keep your food covered, don't take heavy meals.
- Use sandbags to seal entry points around doors and vents. Also seal windows if the water is likely to rise that high.
- Do not let children and pregnant woman remain empty stomach.
- Be careful of snake bites which are common in post floods.



## After

- Pack warm clothing, essential medication, valuables, personal papers, etc. in waterproof bags, to be taken with your emergency kit.
- Move to high rise floor, raise furniture, clothing and valuables onto beds, tables etc from getting wet.
- Turn off the main power supply. Do not use electrical appliances, which have been in floodwater.
- Do not get into water of unknown depth and current.
- Do not allow children to play in, or near flood waters.

